

Lesson Outline

**Sunday Best**

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| **Objectives to:*** Introduce simple body percussion patterns
* Teach Sunday Best lyrics and melody so the children can sing in unison
* Encourage the children to listen attentively and follow instructions both visually and audibly
* Explore alternative body percussion/moves and practice feedback
 | **Learning outcomes:*** Children can perform some body percussion
* Children can sing Sunday Best with increasing confidence and control
* Children can talk about their performance and what they think about it
 |
| **Previous knowledge expected from children:**None needed | **Key words/concepts:**Follow, body percussion, confidence, control, perform, independence. |

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| 1: Introduction and Warm Up | **Notes** |
| * Use body percussion to warm up
* Plan and improvise their own body percussion routine
 | Use VideoCreate space |
| **2: Teach Song** |
| * Listen to song
* Teach chorus / recap chorus with music
* Teach verse in lines / recap chorus and verse with music
* Teach pre-chorus / recap pre-chorus
* Sing whole song as directed
 | Use VideoLyrics |
| **3: Body Percussion / Moves** |
| * Teach chorus body percussion: thumbs up/down from shoulder to waist, shoulder claps/2 clicks/clap in front (clap, boom-boom, click-click, clap)
* Teach verse poses: follow examples given then children make up their own
* Teach pre-chorus set moves:
* Line 1: point index finger and aim down, head follows
* Line 2: Point to head
* Line 3: Thumbs up and shoulder moves
* Review whole song with moves: children follow directions
 | Use Video |
| **4: Performance** |
| * Follow Evie on the screen and perform the whole song including singing, body percussion and moves.
* Perform to each other in class.
 | Use Video |
| 5: Plenary |
| Review/critique each other and feedback. Assess learning objectives/outcomes. |  |
| **6: Differentiation** |
| * Less able: follow body percussion only or use lyrics for song and join in only chorus
* More able: create their own routine of body percussion, perform independently
 |  |
| 7: Follow Up |
| Provide YouTube link to parents/carers to enable children to rehearse and perform at home. |  |
| Funded by The Arts Council, Culture Recovery Fund, #HereForCulture | C:\Users\Sandra\Pictures\HereForCulture_Black-400x372.png |

**Sunday Best**

**Chorus**

**Feeling good, like I should
Went and took a walk around the neighbourhood
Feeling blessed, never stressed
Got that sunshine on my Sunday best**

**Verse**

Every day can be a better day, despite the challenge
All you gotta do is leave it better than you found it
It's gonna get difficult to stand, but hold your balance
I just say whatever 'cause there is no way around it 'cause

**Pre-Chorus**

Everyone falls down sometimes
But you just gotta know it'll all be fine
It's ok, uh-huh
It's ok, it's ok

**Chorus**

**Feeling good, like I should
Went and took a walk around the neighbourhood
Feeling blessed, never stressed
Got that sunshine on my Sunday best**

**Verse**

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**Pre-Chorus**

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**Chorus**

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